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*These page numbers correspond to the numbers found in the bottom corners of this PDF.



Organic farmers bring nature to your table

An increasing number of farmers are going back to their roots (and we're not talking parsnips and rutabagas) by farming their land the way nature intended it to be farmed — organically. Although the crop yields may initially be less fruitful, the organic farmers' economic situation usually improves because the costs of chemicals are eliminated and other operating costs go down. As well, research shows that after several years of healthy organic maintenance, the yields of organic farms are actually better than conventional farms.

And there's a market for these organic products, even at a premium price. Sales of organic food in North America have been increasing 20-30% annually over the past decade, with organics being the fastest-growing segment of the natural-foods market. In Canada, dairy farmers seem to be particularly busy. In June 2000, the Canadian Organic Advisory Board reported that the sales of organic milk have increased approximately 200% per year during the past three years.

According to a February 2000 *Montreal Gazette* article, many European farmers are also converting to organic agriculture. The number of organic farms in Austria in-

creased from 1,500 in 1991 to 23,000 in 1996, the paper reported. In Western Europe, the number of certified-organic farms increased from 10,000 in 1987 to more than 50,000 in 1997. In Denmark, the federal government announced an ambitious plan that would support the country's organic farmers including \$338 million in funding for production and marketing.

In the United States, certified-organic produce crops doubled from 1992 to 1997. Some states have even begun subsidizing conversion to organic agricultural practices and are reimbursing organic farms for the cost of inspection and certification.

(For more information about organic certification bodies and their standards, see "Who says it's 'certified' organic?" on page 14* and refer to "Organic resources" on page 67* for contact information and website addresses.)

It's about time. For years organic farmers have often been excluded from research funding, subsidies and even technical support. Finally, governments are recognizing the importance of organic agriculture to the health of their constituents and the planet. Governments are also realizing the importance it can make to

*These page numbers refer to the printed version of the consumer's guide and are not included in this PDF.



their operating budgets: Funding the conversion of conventional farms to organic farms, for example, can be less expensive than the installation of a water-filtration system that cleans up the pollution caused by toxic agricultural runoff.

With the release in May 2000 of *Pesticides — Making the Right Choice for the Protection of Health and the Environment* by the Standing Committee on the Environment and Sustainable Development of the Canadian House of Commons, came several recommendations including developing an organic agricultural policy for the transition from pesticide-dependent farming to organic farming.

This policy, advises the standing committee, “should include tax incentives, an interim support program during the transition period, technical support for farmers, the development of post-secondary organic farming programs and enhanced funding for research and development in organic agriculture.” As well, the committee recommended government funding to research, teach and distribute information about organic agriculture. (For more information about the report, see “Plateful of pesticides” on page 10. *)

Show your support for organic farmers by purchasing the fruits of their labour through their CSA programs or from their farms, local farmers’ markets and stores, or by eating their food in restaurants.

In the words of certified-organic farmer Don Blakney of Poplar Lane Farm in

Dundalk, Ont., “As a consumer consciously supporting locally grown organic food, you are directly and positively affecting the health and well-being of your local agricultural community. They, in turn, will feed you. And with a healthy agricultural community, where the farmer can expect to make a reasonable living without having to work off the farm at two or three jobs to make ends meet, the children of farmers and others interested in farming will be encouraged to take up the challenge. Not only will local, high-quality food be available in abundance, but the rural esthetic will be maintained, the visual pleasure of farms kept in good repair.”

So let the cycle begin.

FARMER DIRECTORY

How to read these listings:

These listings are divided into:



Southwestern Ontario



Central Ontario



Eastern Ontario



Northern Ontario

Each regional listing is in alphabetical order with the farm name (if applicable) first, and then the contact name(s) of the farmer(s). Following that comes the contact information; certification body — OCIA (Organic Crop Improvement Association), OCPP

(Organic Crop Producers and Processors), Demeter, etc.; what the farm grows/produces; where consumers can buy the farm's products; when the products are available; and if the farmer is looking for distributors, retailers or organic products. (The extent of these details vary as the farmers provided their own information.)

Please note that these listings include only certified-organic farmers who *chose* to be listed in this directory. (This directory does not include uncertified farmers as Organic Advocates - Knives & Forks is not in the position to evaluate which farmers are truly meeting certified-organic standards.)

While hundreds of certified-organic farmers in Ontario were notified of this free

directory listing, many did not send in their farm information. As well, not all certified-organic farmers in Ontario could be contacted; two certification bodies chose not to pass along their membership lists so we may have inadvertently missed notifying a few organic farmers about this consumer's guide. (Visit the Canadian Organic Growers' website at www.cog.ca/buyorganic.htm for additional farmer listings.)

Also note that the list of what the farmers grow is often only a sampling of their harvest; crops and livestock often change. Similarly, the stores and restaurants that they sell to can also change — check with the farm for more information.





SOUTHWESTERN ONTARIO

(includes Brantford, Cambridge, Chatham, Guelph, Kitchener-Waterloo, London, Sarnia, St. Thomas, Stratford, Windsor and Woodstock)



Anam Cara Farm

Don and Linda Lankin
R.R. #1, Warton, Ont.,
N0H 2T0
(519) 534-3440

- ☛ Demeter
- ☛ root crops: beets, carrots, potatoes, garlic, onions; fruits: raspberries, red and black currants, blueberries, strawberries, rhubarb, gooseberries, elderberries
- ☛ farmgate; Zehrs and Northern Health Foods in Owen Sound
- ☛ seasonal
- ☛ looking for products: soybeans and wheat for poultry and wild boar

Ann Slater, Fresh Organic Vegetables

Ann Slater
R.R. #1, Lakeside, Ont.,
N0M 2G0
(519) 349-2448
aslater@quadro.net

- ☛ OCPP
- ☛ wide variety of fresh vegetables including lettuces, mixed salad greens, spinach,

beets, sugar snap, snow and shell peas, potatoes, green, yellow and purple beans, tomatoes, zucchini, summer squashes, cucumbers, winter squashes, Spanish and red onions, turnips, radishes, broccoli, cauliflower, culinary herbs, lamb

- ☛ St. Mary's Farmers' Market (Saturday); St. Mary's area CSA; London Covent Garden Farmers' Market (Saturday)
- ☛ available May to December; St. Mary's Farmers' Market, May to October; London Farmers' Market, July to December

Biggin Hill Ranch

Maria Marshall
R.R. #3, Holland Centre,
Ont., N0H 1R0
(519) 794-4452

- ☛ OCIA
- ☛ garlic, beans, squash, tomatoes, bottled spring water
- ☛ Big Carrot and Vegetable Kingdom in Toronto
- ☛ looking for distributors and retailers

George Bothwell

R.R. #1, Owen Sound, Ont.,
N4K 5N3
(519) 371-2323

- ☛ OCPP
- ☛ spelt, wheat, soybeans, red wheat, cereal
- ☛ farmgate (phone first)
- ☛ looking for distributors

Butterfly Farm

Raven Emslie and Annette
Verhagen
21957 Christina Rd.,
R.R. #1, Mt. Brydges, Ont.,
N0L 1W0
(519) 264-2958
fax (519) 264-1831
thaffie@julian.uwo.ca

- ☛ Demeter
- ☛ apples, pears, cherries
- ☛ farmgate; McSmith's Organic Farm in St. Thomas; London Food Co-op, Lyn-Dys Health Food and Quarter Masters in London
- ☛ availability: cherries, June and July; apples and pears, late August to December

Circle Sun Farm

Joe and Maria Von
Frankenberg, Elise Vander
Hout, Scott Armstrong,
Patrick Steiner
R.R. #1, Lot 12, Concession
8 NDR, West Grey
Township, Elmwood, Ont.,
N0G 1S0
(519) 364-6908
fax (519) 364-2839
csf@greynet.net
website in development

- ☛ OCPP
- ☛ milk, eggs, beef, pork, chicken, vegetables, seeds, hay (occasionally); also organizes events such as an annual Farm Festival (September) and a farm camp for children 9-12 (July)
- ☛ farmgate; Chicory Common in Durham; Keady

Farmers' Market; Owen Sound Farmers' Market; through seed catalogue and website; annual Farm Festival

- ☛ available year round
- ☛ looking for retailers and products: straw and grain

Clover Roads Organic Farm

Inge Crowther
R.R. #2, Hagersville, Ont.,
N0A 1H0
(905) 768-5499

- ☛ OCPP
- ☛ mesclun mix, specialty vegetables, culinary herbs, duck, goose
- ☛ limited farmgate sales; phone orders (minimum quantities apply)
- ☛ available June to December

Community Farm

Johann Kleinsasser
R.R. #4, Bright, Ont.,
N0J 1B0
(519) 684-6846
fax (519) 684-6846
jkleinsasser@hotmail.com

- ☛ Demeter and Farm Verified
- ☛ potatoes, carrots, tomatoes, squash, cucumbers, beets, beans, red, cooking and Spanish onions, garlic, lettuce, spinach, grains: spelt, rye, hullless oats, flax, soybeans, black turtlebeans, kidney beans, pinto beans, popcorn

- ☛ farm store
- ☛ year round except April to May

Deerfields Nursery

John Sutherland
R.R. #1, Hillsburg, Ont.,
N0B 1Z0
(519) 855-4651
fax (519) 855-4651

- ☛ OCPP
- ☛ salad greens, potatoes, herbs, onions, rhubarb, raspberries, strawberries
- ☛ Vegetable Kingdom and Four Seasons in Toronto; Harmony Whole Foods in Orangeville; What's Cookin' in Erin; Deluxe Organix in Guelph; Mosswood Farm in Caledon
- ☛ looking for retailers

Dorian Farm

Ian Campbell
R.R. #2, Chesley, Ont.,
N0G 1L0
(519) 363-2290
fax (519) 363-2290
dorfarm@bmts.com

- ☛ OCIA
- ☛ lamb, spelt, oats, soybeans
- ☛ farmgate
- ☛ available year round
- ☛ looking for distributors

For information on organic farmers' markets and CSA programs, see page 18*.

Encounter Farm Enterprises

Patricia England
R.R. #1, Southwold, Ont.,
N0L 2G0
(519) 764-2318

- ☛ OCPP
- ☛ mesclun salad mix, edible flowers, herbs
- ☛ delivery to restaurants and special orders
- ☛ looking for wholesale inquiries

Everdale Place

Lynn Bishop, Karen Campbell and Gavin Dandy
Box 29, Hillsburg, Ont.,
N0B 1Z0
(519) 855-4128
fax (519) 855-6531
sedana@tableofdogs.com

- ☛ Demeter
- ☛ market garden: greens, cucumber, zucchini, squash, herbs, carrots, fennel, tomatoes
- ☛ CSA; Front Door Organics, Field to Table and Wanigan Toronto Organics (all food-box services) in Toronto
- ☛ looking for distributors and retailers



*See page 18 of the [store directory PDF](#).





Filsinger's Natural Foods

Alvin Filsinger
R.R. #3, Ayton, Ont.,
N9G 1C0

(519) 665-7763
fax (519) 665-7764

- ✦ OCIA
- ✦ apples (Mac, Delicious, Spy, Cortland, Spartan, Wealthy, Empire, Ida Red), pears, apple cider, apple cider vinegar, apple butter, apple sauce
- ✦ farm store; Organic Choice in Wellesley ; Big Carrot and Karma Co-op in Toronto
- ✦ available year round
- ✦ looking for distributors and retailers

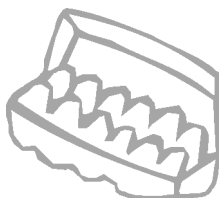
Fourfold Farm

Sandra Moerschfelder and
Mark Ross

R.R. #2, Elora, Ont.,
N0B 1S0
(519) 843-6822

fourfold@golden.net

- ✦ Demeter
- ✦ large variety of vegetables, berries, herbs and flowers
- ✦ farmgate; CSA; Guelph Farmers' Market (Saturday)
- ✦ available June to November



Foxcroft Organic Growers

Bernie Fox
R.R. #1, Scotland, Ont.,
N0E 1R0

(519) 443-5009
fax (519) 443-5009
foxcroft@sympatico.ca

- ✦ OCIA
- ✦ everything from arugula to zucchini over the seasons including winter greenhouseing
- ✦ farmgate; CSA; local farmers' markets (contact farm for locations)

Greenham

Ken and Emily Green
R.R. #1, New Hamburg,
Ont., N0B 2G0

(519) 625-8683

- ✦ OCPP
- ✦ beef
- ✦ farmgate; Gentle Rain Health Store in Stratford

Hack Farm

Martin Hack
Concession 6, Lot 12,
Kincardine Township, EN
965, R.R. #5, Kincardine,
Ont., N2Z 2X6

(519) 396-8099 (8098)
fax (519) 396-4845

- ✦ Demeter
- ✦ wheat, spelt, rye, soybeans, white beans, coloured beans, flax, squash
- ✦ Pfenning's Organic & More in Kitchener

Hidden Creek Farms

Kevin and Jackie Ferris
R.R. #1, Tiverton, Ont.,
N0G 2T0

(519) 353-5154
fax (519) 353-5105

- ✦ OCIA
- ✦ chicken, turkey, lamb, pork
- ✦ farmgate
- ✦ looking for retailers

Hidden Valley Farm

Wilfried and Erika
Bruggemann
R.R. #2, Chatsworth, Ont.,
N0H 1G0

(519) 794-3727
fax (519) 794-4220
hiddenvalley@bmts.com
www.hiddenvalley.8k.com

- ✦ OCPP
- ✦ garlic, also provides food from garden for farm vacation/bed-and-breakfast guests
- ✦ surplus sold to guests
- ✦ seasonal; available year round for guests

Hungry Hollow Organics

(formerly Destiny Dairy)
Ike and Beatrix Enter
1343 Elmtree Dr., Parkhill,
Ont., N0M 2K0

(519) 232-9458
fax (519) 232-9458
horganics@execulink.com
www.hungryhollow.on.ca

- ✦ OCPP
- ✦ beef, chicken (small individual cuts available)

- ☛ deliver by phone orders; Bellemere's, Chris's Country Cuts and Sullivan's Meat Market in London
- ☛ available year round
- ☛ looking for distributors and retailers

Long Alley Farm and Saugeen Country Dairy Yogourt

Johannes Schneider and Sabine Huesing and Ingo Huesing
R.R. #1, Markdale, Ont., N0C 1H0
(519) 369-5836 or -3410
fax (519) 369-5836

- ☛ Demeter
- ☛ vegetables and yogourt
- ☛ farmgate; retail stores
- ☛ available year round

Mapleton Organic Dairy

Martin Degroot and Ineke Booy
R.R. #1, Moorefield, Ont., N0G 2K0
(519) 638-3481
fax (519) 638-1116
www.mapletonorganic.on.ca

- ☛ OCIA
- ☛ corn, spelt, oats, pumpkins, dairy; ice cream sold under Mapleton Organic label

McSmith's Farm Produce

Cathy McGregor-Smith and Gary Smith
42828 Shorelea Line,
R.R. #6, St. Thomas, Ont., N5P 3T1
(519) 631-0279
fax (519) 631-9726
mcsmiths@elgin.net
www.elginnet/mcsmiths

- ☛ OCIA
- ☛ unique soybeans, grains, mixed salad greens, processed sauces
- ☛ farm market

Meeting Place Organic Farm

Fran McQuail
R.R. #1, 86016 Creecline,
Lucknow, Ont., N0G 2H0
(519) 528-2493
fax (519) 528-2493
mcqufarm@hurontel.on.ca
www.gks.com/organic/
mcqufarm

- ☛ OCIA
- ☛ CSA garden, apples, apple butter, lamb, beef
- ☛ vegetables through CSA; apple butter at the farm or Shay Gourmet in Toronto; Pandora's Pantry in Wingham and Listowel; meat mail order for fall pick up or delivery
- ☛ availability: apple butter year round; CSA, June to October with winter storage; meat and apples in the fall (order in spring/early summer)

Oak Manor Farms Inc.

Perry Reibling
R.R. #1, Oxford County
Road 5, Tavistock, Ont., N0B 2R0
(519) 662-2385
fax (519) 662-2435
oakmanor@golden.net

- ☛ OCPP
- ☛ spelt, wheat, oats, etc.; millers of certified-organic grains: flours, cereals, kernels, pasta
- ☛ farm store; natural food stores
- ☛ available year round
- ☛ looking for distributors and retailers

OntarBio Organic Farmer's Cooperative Inc.

Richard Graham
R.R. #1, Durham, Ont., N0G 1R0
(905) 456-3654
fax (905) 456-2415
gm@ontarbio.com

- ☛ OCIA, OCPP and EcoCert
- ☛ grains, oil seeds, pulses, dairy, produce, eggs, frozen vegetables, animal feed and poultry feed
- ☛ retail stores
- ☛ available year round





Poechman Family Farms

Gerald and Marlene
Poechman
R.R. #2, Walkerton, Ont.,
N0G 2V0
(519) 364-5657

- OCIA and OCPP
- eggs, pork, soup chickens
- eggs under the Organic Meadow label are widely sold in health food stores



Poplar Lane Farm

John Camilleri
R.R. 1, Dundalk, Ont.,
N0C 1B0
(519) 923-6930
fax (519) 923-6930

- OCIA and OCPP
- vegetables, herbs, cereals, grains, flours, popcorn, flax seed, lentils and much more; also transitional lamb
- St. Lawrence Farmers' North Market (Saturday, 4 a.m. to 1 p.m.)
- available year round

Roadside Farm Inc.

David Cressman
R.R. #1, 1522 Gerber Rd.,
Wellesley, Ont., N0B 2T0
(519) 656-2651
dcress@golden.net

- OCIA
- soybeans
- looking for organic seed

Rowanlea Farms

Joyce Milkovich
R.R. #2, St. Williams, Ont.,
N0E 1P0
(519) 586-3093

- OCIA
- vegetables, fruit, wild fruits, chicken, turkey, cattle
- farmgate (phone ahead); Simcoe Farmer's Market (Thursday)

Rowe Farm Meats

John Rowe
R.R. #4, Guelph, Ont.,
N1K 6J1
(519) 822-8794

- OCIA
- hay (*meats are not certified*)

Saugeen River CSA

Holly MacKay and Cory
Eichman
R.R. #1, Durham, Ont.,
N0G 1R0
(519) 369-3567
fax (519) 369-3567
saugencsa@hotmail.com

- Demeter
- vegetables, flowers, soft fruit, culinary and medicinal herbs
- CSA shares are available from the farm and at drop-off locations in Caledon and Guelph
- available June to November

Saunders Family Farm

Harold Saunders
24085 Wonderland Rd. N.,
R.R. #2, Denfield, Ont.,
N0M 1P0
(519) 666-0705
saunders@saundersorganics.com
www.saundersorganics.com

- OCPP
- honey, herbs, popcorn, custom-grown plants, heritage plants, poultry, lamb, cheese
- farm and website
- available year round

Ira and Lizzie Stoll

R.R. #4, Aylmer, Ont.,
N5H 2R3

- OCIA
- vegetables, assorted fruits

Mark and Dora Fern Stoll

51651 College Line, Aylmer,
Ont., N5H 2R3
(519) 765-2183

- OCPP
- produce: watermelon, broccoli, peppers and squash
- Big Carrot and Vegetable Kingdom in Toronto; Pro-Organics (national distributor); Pfenning's Organic & More in Kitchener
- available June to October

For information about certified-organic meat, please see the sidebar on page 32*.

*See page 32 of the [store directory PDF](#).

Sunnivue Farm

Alex Nurnberg
R.R. #1, New Ontario Rd.,
27093, Ailsa Craig, Ont.,
N0M 1A0
(519) 232-9096
www.sunnivuefarm.on.ca

- ☛ OCPP
- ☛ potatoes, carrots, beets, onions, tomatoes, broccoli, beef, pork, chicken
- ☛ farm store (opens in June on Saturdays from 10 a.m. to 4 p.m.)

Terre-Tremblay-Farm

Michael L.P. Tremblay
R.R. 3, Tilbury, Lakeshore,
Ont., N0P 2L0
(519) 682-3649
fax (519) 798-9927

- ☛ OCPP
- ☛ spelt, soybeans, oats, barley, wheat, oil radish, buckwheat, hay, rosehips, vegetables, beef, chicken, capons, eggs, ducks, geese, guinea hens, most livestock
- ☛ farmgate; CSA in future; advance custom orders
- ☛ in season, others as requested
- ☛ looking for distributors, retailers and products: alternative crops and livestock

Thundersun Farms

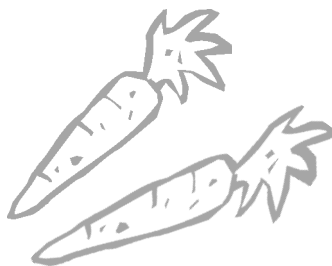
Joe Umanetz
R.R. #3, Hanover, Ont.,
N4N 3B9
(519) 369-3697
fax (519) 369-3860
joseuman@greynet.net

- ☛ OCIA
- ☛ honey, maple syrup, strawberries, black currants, cucumbers, garlic, tomatoes
- ☛ farmgate; retail stores
- ☛ available year round
- ☛ looking for distributors and retailers

Ross and Anne Wilhelm

R.R. #1, Stratford, Ont.,
N5A 6S2
(519) 625-8601
fax (519) 625-8554
wilhelm@strat.net

- ☛ OCPP
- ☛ milk producers for Organic Meadow dairy products (milk, butter, yogourt, ice cream, cheese, table cream, etc.); considering building a greenhouse for vegetables and salad greens and farm store
- ☛ available year round (if possible)



Willow Spring Acres

David and Cathy McAdam
R.R. #3, Holyrood, Ont.,
N0G 2B0
(519) 395-4267
fax (519) 395-0265
cmwillow@hurontel.on.ca

- ☛ OCPP
- ☛ white beans, oats, wheat, buckwheat, rye, soybeans, maple syrup, raspberries, blackberries, garden produce, soft fruits
- ☛ farmgate; THE Organic Farmers' Market in Toronto
- ☛ looking for retailers



Wilmer Farms

Russel, Darren and Yvonne
Wilmer
R.R. #1, Durham, Ont.,
N0G 1R0
(519) 369-5717
fax (519) 369-6371
sworganics@bmts.com
www.cottagesonline.com

- ☛ OCIA and EcoCert
- ☛ soybeans, Celtic hard red spring wheat, spelt, buckwheat
- ☛ bulk quantities F.O.B. on the farm
- ☛ available after harvest
- ☛ looking for products: soybean smalls and splits



CENTRAL ONTARIO

(includes Barrie, Bowmanville, Burlington, Hamilton, Metropolitan Toronto, Newmarket, Niagara Falls, Oakville, Orangeville, Oshawa, St. Catharines and Welland)



Beretta Organic Farms

Mike Beretta
4400 15th Sideroad,
King City, Ont., L7B 1K4
(905) 833-2032
berettafarm@tridel.com

- ☛ OCPP
- ☛ beef, pork, chicken, eggs, assorted vegetables, potatoes, garlic
- ☛ free home delivery to Greater Toronto Area, call Anne Beretta at (416) 487-0514 to place orders or to request price lists
- ☛ available year round
- ☛ looking for retailers

Bokers Organic Farms

Wilhelm and Silke Boker;
Harold and Anne Boker
R.R. #3, Elmvale, Ont.,
L0L 1P0
(705) 322-1189, Harold and
Anne; (705) 835-3841,
Wilhelm and Silke

- ☛ OCPP
- ☛ grain (spelt, wheat, rye, oats, barley), fresh stone-ground flour (fine and wholegrain) from all of the above-mentioned grains

except oats), seed grain. The following products are not certified: vegetables, herbs, meat, chicken, eggs, breads and buns (specialized in yeast-free sourdoughs and wheat-free breads) that are baked every Friday on the farm, homemade wheat-free granola, cookies and muffins

- ☛ farm store (farm and baseline merges at sideroad); Barrie Farmers' Market (Saturday); The Mighty Herb in Midland; Wheatheart Health Food Store in Stayner
- ☛ available year round except seasonal vegetables (bread and meat/birds may be frozen)
- ☛ looking for retailers and products: Emmerkorn and Einkornseed grain

Born Family Farm

Josef and Sofia Born
R.R. #2, Beeton, Lot 1, Line 10, #7254 (mailing address 265 Simcoe Rd., Bradford, Ont., L3Z 1Z1)
(905) 775-6610

- ☛ Demeter
- ☛ potatoes, carrots, onions, Spanish onions, beets, parsnips, parsley root, celeriac, garlic, cabbage, spinach lettuce, corn, herbs, honey, sauerkraut
- ☛ farmgate; Village Market in Thornhill (Saturday)
- ☛ available June to May
- ☛ looking for retailers

Bountiful Harvest

Zalia Conde
S-14200, Sideroad 18,
R.R. #4, Sunderland, Ont.,
L0C 1H0
(705) 357-2736
fax (705) 357-1512
bhfarm@accel.net
www.infororganics.com
(under caterers)

- ☛ OCPP
- ☛ maple syrup, berries, fruits, vegetables, greenhouse plants, field crops
- ☛ farmgate; Marie's Natural Gardens in Uxbridge; Switch Farm in Campbellville
- ☛ available year round for all greenhouse baby greens, etc. and seasonal produce
- ☛ looking for distributors, retailers and products: flours, cereals, etc. for catering business

Coridawn Farm

David and Susan Kea
R.R. #1, 1370B 1, Beaverton,
Ont, L0K 1A0
(705) 426-9820
fax (705) 426-9015
coridawnkea@netscape.net
www.coridawnfarms.ca

- ☛ OCIA and EcoCert
- ☛ strawberries, raspberries, soybeans, wheat, oats, hay, buckwheat
- ☛ available June to August
- ☛ looking for distributors and retailers

Farmhouse Garden

Mike Lanigan
 R.R. #3, Uxbridge, Ont.,
 L9P 1R3
 (905) 852-4080
 fax (905) 852-2655

- ☛ OCIA
- ☛ 70 varieties of vegetables, beef
- ☛ CSA; Village Market in Thornhill (Saturday)
- ☛ available year round at Village Market

Faunas Herbs

Nick Morcinek
 P.O. Box 249, Cannington,
 Ont., L0E 1E0
 (705) 357-4438
 fax (705) 437-4383

- ☛ OCIA
- ☛ medicinal herbs to be manufactured into tinctures; sold under the Light Mountain label

Fenwood Farm

Carol Fennema
 774 Sawmill Rd., R.R. #2,
 Ancaster, Ont., L9G 3L1
 (905) 765-1479 or
 1-800-373-7686
 fax (905) 765-3412
 fenwood@idirect.com

- ☛ OCIA
- ☛ chicken, emu, wild boar
- ☛ farmgate; retail stores
- ☛ available year round
- ☛ looking for distributors, retailers and products: feed grains such as soybeans and corn

Friendly Neighbours Herb & Spice Gardens

Ken McFeeters
 P.O. Box 5141, Claremont,
 Ont., L1Y 1A4
 (416) 518-9240

- ☛ OCPP
- ☛ spearmint, peppermint, chives, French tarragon, curly and Italian parsley, opal and Genovese basil, sweet savoury, sage, thyme, rosemary, oregano
- ☛ Boncheff Greenhouses, Augusta Fruit Market, Silver Stream Farms, Southbrook Farms, Highland Farms, Harvest Wagon, Michaelangelo's, Longo's, Bayview Orchards and Quality Greens in Metropolitan Toronto
- ☛ available June to Thanksgiving weekend

Fun Guy Farms

Bruno Pretto
 R.R. #1, Goodwood, Ont.,
 L0C 1A0
 (905) 642-3014
 fax (905) 642-3016
 bpretto@io.org
 www.io.org/~bpretto

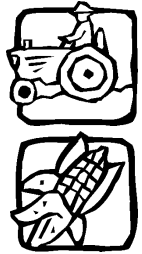
- ☛ OCIA
- ☛ fresh and dried mushroom products and spawn



Golden Elm Farm

Charlotte Chambers
 4215 Simcoe Rd. 29, R.R.
 #3, Elmvale, Ont., L0L 1P0
 (705) 322-0165

- ☛ Demeter
- ☛ eggs, beef, veal, lamb, vegetables, apples, woolen blankets
- ☛ farmgate
- ☛ available year round except lamb (spring) and produce (summer-fall)
- ☛ looking for seed



Donald and Patti Hanson

R.R. #2, Sunderland, Ont.,
 L0C 1H0
 (705) 357-1694

- ☛ OCPP
- ☛ cash crops, wheat, soybeans

Hayhoe Mills Ltd.

Mark Hayhoe
 201 Pine Grove Rd.,
 Woodbridge, Ont., L4L 2H7
 (905) 851-1194
 fax (905) 851-8385
 info@hayhoe.com
 www.hayhoe.com

- ☛ OCPP
- ☛ full line of wheat flour, all product information and specs available online
- ☛ direct from mill
- ☛ available year round
- ☛ looking for distributors and retailers



Kind Organics

Alex Schafer
15580 10th Concession,
Schomberg, Ont., L0G 1T0
(905) 859-4004
kindorganics@hotmail.com
www.kindorganics.com



- ✦ Demeter
- ✦ wide variety of heritage and heirloom vegetables: tomatoes, squash, cucumbers, carrots, beans, peas, potatoes, broccoli, cauliflower, Swiss chard, kale, lettuces, parsnips, radicchio, spinach, turnips, daikon, radishes, melons, various culinary and medicinal herbs
- ✦ farmgate; delivery to Toronto in September and October
- ✦ available July to November
- ✦ looking for distributors and retailers and a closed-circuit farm

Maple Lawn Organic Farm

Alec Mills
R.R. #2, Tottenham, Ont.,
L0G 1W0
(905) 939-8071
fax (905) 939-8745
maplelawn@hotmail.com

- ✦ OCIA
- ✦ wheat, spelt, soybeans, corn, alfalfa, hay, barley, beef
- ✦ farmgate
- ✦ available year round
- ✦ looking for distributors and retailers

Maranatha Farms

Lynne and Mike Hubbard
285441 - 10th Sideroad,
Amaranth Township,
R.R. #4, Orangeville, Ont.,
L9W 2Z1
(519) 941-8298
fax (519) 942-3720
maranatha.farms@
sympatico.ca
website in development

- ✦ OCPP
- ✦ more than 12 kinds of potatoes including gourmet varieties, several kinds of squash, several kinds and sizes of pumpkins, garlic, asparagus
- ✦ farm (Monday to Saturday); health food stores; food co-ops; THE Organic Farmers' Market in Toronto; custom bulk orders to Toronto area
- ✦ availability: asparagus, May/June; pumpkins, September/October; potatoes, garlic and squash, July until next spring
- ✦ looking for distributors, retailers and products: seed for spelt, buckwheat and clover

Doug and Sharon McBride

R.R. #2, Oro Station, Ont.,
L0L 2E0
(705) 487-2335
fax (705) 487-1369
mcbrides@sympatico.ca

- ✦ OCIA
- ✦ seasonal vegetables, mixed grains, beef

- ✦ farmgate; Orillia Farmers' Market (Saturday); Barrie Farmers' Market (Saturday); Gravenhurst Farmers' Market (Wednesday)
- ✦ available June 15 to December 1

Nature-view

Doug and Brenda Lea White
OCPP
R.R. #4, Stayner, Ont.,
L0M 1S0
(705) 428-2305

- ✦ OCPP
- ✦ barley, buckwheat, flax, hullless oats, peas, corn, soybeans, spelt, wheat, red clover, eggs, roasting chickens, beef, goats
- ✦ farmgate; distributed through OntarBio

Pine River Organic Farms

Bob Felhazi
R.R. #1, Lisle, Ont.,
L0M 1M0
(705) 424-0917

- ✦ OCIA
- ✦ strawberries, asparagus, potatoes (9 varieties), peppers (12 varieties), English cucumbers, leeks, squash (15 varieties), carrots, beets (4 varieties), green onions, cabbages, kohlrabi, raspberries, Swiss chard, spinach, corn, parsley, greens, beans
- ✦ Village Market in Thornhill (Saturday); Wanigan Toronto Organics,

Field to Table and Karma
Co-op in Toronto

- ☛ available May to December

**Seldom Seen/Seldom
Heard**

Jane Glassco
R.R. #3, Schomberg, Ont.,
L0G 1T0
(905) 939-7421
fax (905) 939-2967
jglassco@inforamp.net
www.seldomseenretreat.com

- ☛ OCPP
- ☛ lamb
- ☛ direct from farm; delivery to Toronto and Schomberg; Big Carrot in Toronto
- ☛ available year round

Sweet Dove Herb Farm

Anna Van Maris
R.R. #2, Beaverton, Ont.,
L0K 1A0
(705) 426-2914
anna@sweetdoveherbs.com
www.sweetdoveherbs.com

- ☛ OCIA
- ☛ herbal teas
- ☛ mail order; through the website
- ☛ available year round
- ☛ looking for distributors and retailers



Switch Farm

Lorenz Eppinger
10715 Guelph Line,
Campbellville, Ont., L0P 1B0
(905) 854-3291
fax (905) 854-4383

- ☛ OCPP
- ☛ 40 different vegetables, rhubarb, asparagus, strawberries, melons
- ☛ farmgate beginning summer 2001; CSA; Guelph Farmers' Market (Saturday); wholesale
- ☛ available year round at farmers' market; June to October for CSA

Thorahlea Farm

Gordon and Dave Kea
R.R. #1, Beaverton, Ont.,
L0K 1A0
(705) 426-7121

- ☛ OCIA
- ☛ buckwheat, hullless oats, soybeans, beans of many varieties

**True Food -
OrganicHomeDelivery.com**

Steven Haylestrom
2499 York Rd. 30,
Stouffville, Ont., L4A 7X4
(905) 642-3383
fax (905) 642-1276
info@OrganicHomeDelivery.com
www.OrganicHomeDelivery.com

- ☛ OCPP

- ☛ variety of vegetables plus field crops, also pick-your-own raspberries and apples
- ☛ farm store; home delivery; through the website
- ☛ available year round
- ☛ looking for distributors and retailers



Zephyr Organics

Ted and Janette Eng
R.R. #1, 10900, Concession
4, Zephyr, Ont., L0E 1T0
(905) 852-3956
zorganics@interhop.net
www.zephyrorganics.com

- ☛ OCPP
- ☛ basil, chives, beans, beets, bok choy, broccoli, green cabbage, red cabbage, melons, carrots, cauliflower, cucumber, garlic, kale, Romaine lettuce, green leaf lettuce, red leaf lettuce, leeks, red onions, green onions, snow peas, sugar snap peas, parsley, white potatoes, red potatoes, Yukon potatoes, radishes, black radishes, rhubarb, spinach, variety of squash, strawberries, tomatoes, cherry tomatoes, turnips, zucchini
- ☛ farmgate; retail stores; wholesale
- ☛ available May to February (seasonal/cold storage)
- ☛ looking for distributors and retailers



EASTERN ONTARIO

(includes Belleville, Brockville, Cornwall, Kingston, Pembroke, Peterborough, Ottawa)



Algonquin Tea Co.

Kim Elkington and Steven Martyn
R.R. #1, Golden Lake, Ont., K0J 1X0
(613) 625-1106 and
1-800-292-6671
fax (613) 625-1106
herbteas@webhart.net
www.web.net/~herbteas

- ☛ products are either wild-crafted or picked on OCIA-certified farms, our new farm is being certified by OCPP
- ☛ 50 indigenous herbs, 3 herbal teas: Sweetfern Tonic, Homestead Blend and Lucid Dream Tea
- ☛ health food stores across Canada; Ontario Natural Food Co-op and Forbes Wild Foods in Toronto; TerreKana in Aurora; some gift stores
- ☛ available year round
- ☛ looking for distributors, retailers and products: clover flowers (pre-harvest) in Ottawa Valley

Art Farm

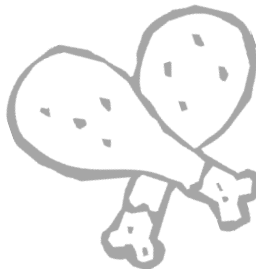
Lenni Workman and Brad Francis
R.R. #2, Warkworth, Ont., K0K 3K0
(705) 924-1078

- ☛ OCPP
- ☛ vegetables, salad mix, herbs, flowers
- ☛ farmgate (phone ahead); Cobourg Farmer's Market (phone ahead); restaurants in the Lindsay-Peterborough area; Ste. Anne's Country Inn in Grafton
- ☛ looking for certified-organic seed

Connaught Acres

Debbie DeCooman
13621 Connaught Rd., R.R. #3, Chesterville, Ont., K0C 1H0
(613) 448-3540
debbied@magma.ca

- ☛ OCPP
- ☛ vegetables, herbs, chicken
- ☛ farmgate; Ottawa Organic Farmers' Market (Saturday)
- ☛ available May to October



Gaia Farm

Douglas Ford
15247 North Lunenburg Rd. W., R.R. #2, Lunenburg, Ont., K0C 1R0
(613) 346-5975
gaiafarm@cnwl.igs.net

- ☛ OCPP
- ☛ beans, beets, broccoli, brussel sprouts, cabbage, carrots, cauliflower, corn, cucumber, kale, lettuce, mesclun mix, melons, onions, parsley, peas, peppers, potatoes, pumpkin, radish, spinach, squash, tomatoes, herbs
- ☛ farmgate; retail stores
- ☛ available May to October
- ☛ looking for distributors and retailers

Golden Rod

David Thompson
19963 R.R. #5, Alexandria, Ont., K0E 1A0
(613) 525-5443
fax (613) 525-0796
fcc@hawk.igs.net
www.goldenrodfarm.com

- ☛ OCIA
- ☛ flour, vegetables, fruits, honey and more
- ☛ available year round

Haedae Farms

Hubert Earl
9121 Peterson Rd., Addison,
Ont., K0K 1A0
(613) 924-2052
fax (613) 924-9755

- ☛ OCIA
- ☛ meats, sausages, hams, geese, eggs, preserves, vegetables
- ☛ farmgate (phone ahead)

Harvest Moon Farm

Christopher Charlton and
Sylviane Duval
13995 Dafoe Rd., Ingleside,
Ont., K0C 1M0
(613) 537-9531
harvestmoonfarm@primus.ca

- ☛ OCPP
- ☛ eggs, vegetables, herbs
- ☛ CSA
- ☛ seasonal

K&P Farms

Paul and Kathryn Lycett
35 Devil's Door Rd.,
Mallorytown, Ont., K0E 1R0
(613) 923-5384
kpfarms@gks.com/kpfarms

- ☛ OCIA
- ☛ vegetables, greenhouse produce

Peter Leahy

P.O. Box 59, Douro, Ont.,
K0L 1S0
(705) 652-1337

- ☛ OCIA
- ☛ soybeans, sunflowers, livestock, rye, oats, barley, pumpkins

Lightning Street Organics

Bernard and Elizabeth Foley
P.O. Box 104, R.R. #3,
Williamsburg, Ont.,
K0C 2H0
(613) 535-2574

- ☛ OCIA
- ☛ barley, buckwheat, soybeans

Log Cabin Orchard

Gord and Debby Hawkes
6121 Cabin Rd., Osgoode,
Ont., K0A 2W0
(613) 826-1596
logcabinorchard@cyberus.ca
www.cyberus.ca/
~logcabinorchard

- ☛ OCPP
- ☛ apples
- ☛ farmgate; Wheat Berry in Ottawa; Metcalfe Farmers' Market (Saturday); Haedae Farms in Merrickville
- ☛ available August to November

Monteagle Herb Farm

Tina Sentoukas
R.R. #1, Maple Leaf, Ont.,
K0L 2R0
(613) 338-3359
monteagle@bancom.net
www.go.to/
MonteagleHerbFarm

- ☛ OCPP
- ☛ medicinal herbs, tinctures, capsules, ointments, goat's milksoap, dried herbs
- ☛ farmgate; retail stores
- ☛ looking for distributors and retailers

Mountain Path

Robert Hogg
10755 Pepperville Rd.,
R.R. #3, Mountain, Ont.,
K0E 1S0
(613) 989-2973
rlhogg@eisa.com

- ☛ OCIA
- ☛ flour, cereals, flakes, pasta, coffee, kernels, seeds
- ☛ retail outlets in Ottawa Valley and beyond
- ☛ available year round
- ☛ looking for retailers

Pinehedge Farms

Josef Heinzle
R.R. #2, St. Eugene, Ont.,
K0H 1P0
(613) 674-5739
fax (613) 674-2751

- ☛ Demeter
- ☛ yogourt, kefir, soybeans, wheat

Douglas Scott

R.R. #2, Oxford Station,
Ont., K0G 1T0
(613) 258-3044

- ☛ OCIA
- ☛ vegetables
- ☛ farmgate (phone ahead)





NORTHERN ONTARIO



Rutherglen Organic Farm

Matt Guilbeault

203 James St., Bonfield,

Ont., POH 1E0

(705) 776-7404

fax (705) 776-7405

mattg@thot.net

☛ OCIA

☛ open-pollinated, heritage seeds that are endangered; will also sell bottled tomato sauces and other remnants left over from seed production (ultra ripe) with a huge selection of herbs and hundreds of tomato varieties (large requests only unless picked up at farmgate — good for specialty restaurants)

☛ farmgate

☛ looking for retailers and products: small supplier of organic chicken feed in Northern Ontario